

## Activity 6

<b><u>Title:</u></b>	<b><u>What Did You Say?</u></b>
<b>Focus:</b>	<b>Teambuilding</b>
<b>Time:</b>	40 minutes Time of year: decided by the Class Planning Team
<b>Guiding Question:</b>	Actually, how do I get along with others?
<b>Connections</b>	Competencies: Interpersonal Development – getting along with others Report Card Learning Skill: teamwork
<b>Rationale/ Background</b>	Teacher Mentors choose teambuilding activities to help students get to know one another and to feel a sense of belonging in the group. This sample teambuilding activity uses famous sayings.  The <b>Planning Team</b> may decide on certain activities as Year- specific to avoid repetition over the years.
<b>The Learning Experience</b>	
<b>Setting The Stage</b>	<b><u>Alphabet Circle</u></b> Students form a circle, arranging themselves alphabetically by first name. Students review the names of everyone in the circle. Encourage others in the group to offer help as needed. If no one volunteers, the Teacher Adviser takes up the challenge.
<b>The Activity</b>	<b><u>What Did You Say?</u></b> Students sit together in groups of five. Give each group one saying from the list below. Students discuss the saying and how it might apply to them. Ask students to report to the large group what the saying means. <b><u>Sayings</u></b> <ul style="list-style-type: none"> <li>• <i>Today is the first day of the rest of your life.</i></li> <li>• <i>A person wrapped up in himself makes a very small package.</i></li> <li>• <i>We see things not as they are but as we are.</i></li> <li>• <i>There is a great deal of unmapped country within us.</i></li> <li>• <i>I am part of all I have met.</i></li> <li>• <i>When someone finds no repose in himself, it is in vain to seek it elsewhere.</i></li> <li>• <i>Use the talents you possess, for the woods would be very silent if no birds sang except the best.</i></li> <li>• <i>A talent is formed in silence, but a character in the stream of the world.</i></li> <li>• <i>What you are to be, you are becoming.</i></li> </ul>
<b>Wrap Up</b>	Ask students to list the skills they practiced in this lesson.
<b>Extension</b>	The Teacher may use different sayings for this lesson or ask students to suggest sayings from their own cultures or backgrounds. <b>2.1.3</b> Each student communicates (using Powerpoint or poster) the rights, roles and responsibilities of at least one person within their immediate school community or their wider suburban community, and what would be the impact if that person did not help people through their

role.  
**2.1.10** Students in Year 7 can choose which Leadership Group they want to belong to for the year, after consideration of their skills and interests and the contribution they want to make to the school.

### Teacher Program Review – Reflective Question

#### What makes you care about this lesson plan the most?

Emotions often rule our lives. This lesson provides students with the opportunity to reflect on and begin to manage their emotions.

#### Questions For Students to Consider:

- *What teamwork skills do students demonstrate?*

### Activity Materials

Resources /  
Materials:

### Blueprint Career Management Competencies & Indicators

- 2.3.7 Determine the helping skills you feel comfortable with and wish to contribute in your relationships with others.
- 2.1.5 Demonstrate positive social skills, such as helping, showing respect and co-operating with others.
- 2.1.10 Adopt behaviours and attitudes that help you to build positive relationships in life.

Teacher's  
Notes: