

Activity 18a

Title:	“Learning Styles” - Part 1
Focus:	<ul style="list-style-type: none"> To know and understand that different learning styles exist To know and understand the three major learning styles To investigate my own preferred learning styles
Time:	40 minutes
Guiding Question:	What is Your Learning Style? What are your strengths as a learner?
Connections:	<p>Concept: Learning skills preferences and effective strategies+ (e.g, memorizing, working independently, assessing themselves, managing their time)</p> <p>Competencies: Awareness of the characteristics of their own preferred learning modality and the learning/teaching strategies to make the best advantage to enhance their learning success – at school, home and in the world of work!</p>
Rationale/ Background:	Everybody has a preferred learning style. Knowing and understanding our learning style helps us to learn more effectively. Through identifying your learning style, you will be able to capitalize on your strengths and improve your self-advocacy skills
The Learning Experience	
Setting The Stage	<p>INTRODUCTION</p> <p>Educators now appreciate that we all learn in a number of different ways. Three of the main learning styles that have been identified are;</p> <ul style="list-style-type: none"> <input type="checkbox"/> Visual <input type="checkbox"/> Auditory <input type="checkbox"/> Tactile – Kinaesthetic <p>What are the characteristics of each of these three learning styles? (see <i>Activity Sheet #1</i>)</p>
The Activity	<p><i>Activity Sheet #2</i> You may now already have some idea of your own learning style. What do you think it might be?</p> <p>There are a number of questionnaires on the internet and elsewhere you can use to find out a little more about your particular learning style. We have identified one, developed by Abiator, for you to explore.</p> <p style="text-align: center;">http://www.berghuis.co.nz/abiator/lsl/lsliframe.html</p> <p>Step 1: Enter the above internet site</p> <p>Step 2: Enter and complete “Learning Styles Test 1” and complete on-line. When completed, click on the “Tell Me My Learning Style” box</p> <p>Step 3: To help confirm your test results, enter and complete “Learning Styles Test 2”</p> <p>Step 4: Record your Learning Style / Modality in the space provided on the reverse side of this form.</p>

	<p>Step 5. Finding out more about your preferred learning style: By clicking on the headings on the left hand side of the Abiator's home page you can review, and record on this form, information regarding your "preferred Learning Style / Modality".</p>
Wrap Up	<p><i>Activity Sheet #3</i> Each student is asked to complete Activity Sheet #3, summarising and describing the research that they engaged in the exercise to assess their Learning Style and its implications.</p>
Extension	<p>Blueprint Indicators 1.1.5 Students write a one page autobiography which, in addition to the biographical details of their lives, explains their interests, likes and dislikes, personal qualities, strengths and weaknesses. They reflect on the impact of these personal qualities on their lives so far. 1.1.7 Students draw or paint a self-portrait which will become the centre of a collage illustrating their interests and self-image on one side, and the impact on their lives and others perception of them on the other side. 2.1.11 Students can be encouraged to choose which Leadership Group they want to belong to for the year, after consideration of their skills and interests and the contribution they want to make to the school.</p>
Teacher Program Review – Reflective Question	
<i>Do the students have awareness of their learning styles/modality and how they can apply a variety of learning skills and strategies to a range of situations?</i>	
Resources / Materials:	<ol style="list-style-type: none"> 1. Characteristics Of 3 Learning Styles / Modalities 2. Learning Style Assessment 3. Learning Style Summary
Blueprint Career Management Competencies & Indicators	
<p>1.1.1 Understand the concept of personal characteristics such as interests, likes and dislikes, personal qualities, strengths and weaknesses. 1.1.5 Identify positive characteristics (skills, interests, personal qualities and strengths) as seen by self and others. 1.1.7 Assess your self-image and evaluate its impact on you and others 2.1.1 Discover the unique character of individuals. 2.1.11 Acknowledge and appreciate the unique character of self. 4.1.2 Explore how skills, knowledge and attitudes acquired in one setting can contribute in others (eg at school, at home, in the workplace and in the community)</p>	
Teacher's Notes:	

Activity Sheet #1

CHARACTERISTICS OF 3 LEARNING STYLES / MODALITIES

VISUAL	<p>Learning through seeing, reading and writing things down. Using and reacting to pictures, images</p> <p><i>Learn through seeing...</i> These learners need to see the teacher's body language and facial expression to fully understand the content of a lesson. They tend to prefer sitting at the front of the classroom to avoid visual obstructions (e.g. people's heads). They may think in pictures and learn best from visual displays including: diagrams, illustrated text books, overhead transparencies, videos, flipcharts and hand-outs. During a lecture or classroom discussion, visual learners often prefer to take detailed notes to absorb the information</p>
AUDITORY	<p>Learning through listening and reacting to sound, voices, using and listening to music.</p> <p><i>Learn through listening...</i> They learn best through verbal lectures, discussions, talking things through and listening to what others have to say. Auditory learners interpret the underlying meanings of speech through listening to tone of voice, pitch, speed and other nuances. Written information may have little meaning until it is heard. These learners often benefit from reading text aloud and using a tape recorder</p>
TACTILE – KINESTHETIC	<p>Learning by touching, feeling and movement, acting out, role playing, doing, making things.</p> <p><i>Learn through , moving, doing and touching...</i> Tactile/Kinesthetic persons learn best through a hands-on approach, actively exploring the physical world around them. They may find it hard to sit still for long periods and may become distracted by their need for activity and exploration.</p>

“Learning Style Assessment”

You may now already have some idea of your own learning style. What do you think it might be?

There are a number of questionnaires on the internet and elsewhere you can use to find out a little more about your particular learning style. We have identified one, developed by Abiator, for you to explore.

<http://www.berghuis.co.nz/abiator/lsl/lsliframe.html>

- Step 1: Enter the above internet site
- Step 2: Enter and complete “Learning Styles Test 1” and complete on-line. When completed, click on the “Tell Me My Learning Style” box
- Step 3: To help confirm your test results, enter and complete “Learning Styles Test 2”
- Step 4: Record your Learning Style / Modality in the space provided on the reverse side of this form.
- Step 5. Finding out more about your preferred learning style:
By clicking on the headings on the left hand side of the Abiator’s home page you can review, and record on this form, information regarding your “preferred Learning Style / Modality”.

LEARNING STYLES

Student's Name: _____ Adviser: _____ TAG #: _____

1. My preferred learning style is _____

2. Learning Style Traits. Some important traits of my preferred learning style are:

3. Learning Style Strengths. Three strengths of my preferred learning style are;

4. Learning Style Strategies. Three strategies I can use to optimise my preferred learning style are:

5. Teaching Strategies. Three teaching strategies that would support and build upon my preferred learning style are:

Please bring this completed sheet back to your next class session if not sooner.

Please return to your Teacher.

_Activity 18b

Title:	“Learning Styles” – Part 2
Focus:	<ul style="list-style-type: none"> To identify my particular preferred learning style. To identify the characteristics of my particular preferred learning style To list three major strategies I can use to make the best advantage of my learning style in order to enhance my learning success.
Time:	40 minutes
Guiding Question:	How would identifying and analyzing their learning styles assist the students in their personal Learning Pathway Plan and their Transition Pathways Plan
Connections:	
Rationale/ Background:	<p>Implications for Teaching and Learning</p> <p>Several major implications are apparent from these data:</p> <ol style="list-style-type: none"> 1. Most of your students learn differently than you do. 2. Each of your students learns differently from your other students. 3. No one teaching method will effectively reach all of your students. 4. You cannot address all of your students' learning styles all of the time.
The Learning Experience	
Setting The Stage	A knowledge of your own and others' preferred learning styles can be of great benefit to your study and learning at school, as well as any other aspect of your life that involves teaching and learning. Now that just about covers everything!
The Activity	<p>Activity 1: Students will explore further the concept of Preferred Learning Style / Modality, and where their own learning patterns fit this concept.</p> <p>A knowledge of your own and others' preferred learning styles can be of great benefit to your study at the College and university as well as any aspect of your life that involves teaching and learning. Now that just about covers everything!</p> <p>Explore the following web-site assessments to expand your knowledge of your preferred learning style / modality.</p> <p style="margin-left: 40px;">(i) <i>Active and Reflective Learning:</i></p> <p style="margin-left: 40px;">http://www.jcu.edu.au/office/tld/learningskills/learningst/active.html</p> <p style="margin-left: 40px;">(ii) <i>Analysis of Brain Works</i></p> <p>This is an interesting exercise called brain.exe . It will give you some more information about your preferred learning style.</p> <p style="margin-left: 40px;">http://www.jcu.edu.au/office/tld/learningskills/learningst/</p> <p style="margin-left: 40px;">(iii) <i>Sensing and Intuitive Learning</i></p> <p>Click on both of the figures in this following website to help you decide if you</p>

have a preference for sensing or intuitive learning

<http://www.jcu.edu.au/office/tld/learningskills/learningst/sensing.html>

(iv) *Visual and Verbal Learning*

Click on both of the figures in this following website to help you decide if you have a preference for visual learning or verbal learning

<http://www.jcu.edu.au/office/tld/learningskills/learningst/visual.html>

(v) *Sequential and Global Learning*

Click on both of the figures in this following website to help you decide if you have a preference for sequential learning or global learning.

Activity 2: Students will confirm and reinforce their recognition of their preferred Learning Style / Modality

By now you should be quite familiar with:

- Your preferred learning style
- Three traits of your preferred learning style
- Three strengths of your preferred learning style
- Three appropriate strategies to enhance your learning

Step 1: Within your sharing circle, discuss the following:
How do you learn best according to the assessment?
Do you agree with the assessment results? Why or why not?
Tell about a time you learned something using your preferred learning modality.

Which one of the learning modalities seems least comfortable to you?

Step 2: In pairs, with someone who has a different preferred learning style to yourself, share your answers to the questions outlined on Activity Sheet 4, about your preferred learning style, and record your findings as you go.

Place your Activity Sheet 4 in your Journal.

Step 3: Upon completion of your discussion, return to your sharing circle and discuss your Activity Sheet 3B responses within the group. In particular, share your opinion regarding:

- The value of knowing about learning styles
- The value of knowing the learning styles of others.

Wrap Up	<p>Activity 3: Students will address how to accommodate their styles to different environments</p> <p>Step 1: The Teacher shares what his/her preferred learning style / modality is. The Teacher calls out, "Fill in the blank: If you want to help me learn be sure to_____." Students respond.</p> <p>Step 2: The Teacher calls out, "Fill in the blank: If you want to see me have a hard time learning be sure to_____." Students respond.</p> <p>Step 3: Students share how they would go about talking to someone about their preferred learning modality. The Teacher tells them that it is certainly acceptable to share with their teachers, or with their employer in the future, how they learn best. It would help if the teacher could give an example of when s/he did this.</p> <p>Step 4: Students are instructed to write an imaginary letter to their teacher, or their employer, in which they introduce themselves, discuss their preferred learning style / modality and preferred learning strategies, and discuss which style / modality and strategies are most difficult for them.</p> <p>Step 5: The Teacher reads the letters outside of class and writes positive feedback on each one thus acknowledging the students preferred learning style / modality and preferred learning strategies.</p>
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Extension	1.1.5 Students write a one page autobiography which, in addition to the biographical details of their lives, explains their interests, likes and dislikes, personal qualities, strengths and weaknesses. They reflect on the impact of these personal qualities on their lives so far.
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Teacher Program Review – Reflective Question

Do the students have awareness of their learning styles/modality and how they can apply a variety of learning skills and strategies to a range of situations?

Resources / Materials:	Learning Styles / Modality Discussion
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Blueprint Career Management Competencies & Indicators

- 1.1.5 Identify your positive personal characteristics (skills, interests, personal qualities and strengths) as seen by you and others.
- 4.1.6 Identify your learning style, learning habits and study skills
- 8.1.13 Engage in a responsible decision-making process.
- 11.1.12 Examine your opinions and feelings about change, learning, following your heart, setting goals, focusing on the journey and having or developing a network of allies.

Teacher's Notes:	
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Activity Sheet 4

Learning Styles / Modality Discussion

1. What is your preferred learning style? _____

2. What is your partner's preferred learning style? _____

3. Tell your partner three traits of your preferred learning style.

4. Tell your partner three strengths of your preferred learning style

5. Tell your partner three appropriate strategies to enhance your learning

6. *Provide three (3) reasons why this information is valuable to all learners?*

7. What is the value of knowing about learning styles?

8. What is the value of knowing the learning styles of others?
