

INSTRUCTIONS: Please indicate where opportunities exist in your learning area to develop the following career management competencies. Please be as specific as possible about the ways in which you can contribute to the career development of learners within your course of study.

YOUR LEARNING AREA	
AREA A: PERSONAL MANAGEMENT COMPETENCES	
1.3 Develop abilities to maintain a positive self concept	
2.3 Develop abilities for building positive relationships in life and work	
2.4 Learn to respond to change that affects your well being	
AREA B: LEARNING AND WORK EXPLORATION COMPETENCES	
4.3 Link lifelong learning to the career building process	
5.3 Locate and evaluate a range of career information sources	
6.3 Understand how societal needs and economic conditions influence the nature and structure of work	
AREA C: CAREER BUILDING COMPETENCES	
7.3 Develop abilities to seek, obtain/create and maintain work	
8.3 Engage in career decision-making	
9.3 Link lifestyles and life stages to career building	
10.3 Understand and learn to overcome stereotypes in your career building	
11.3 Take charge of your career building process	